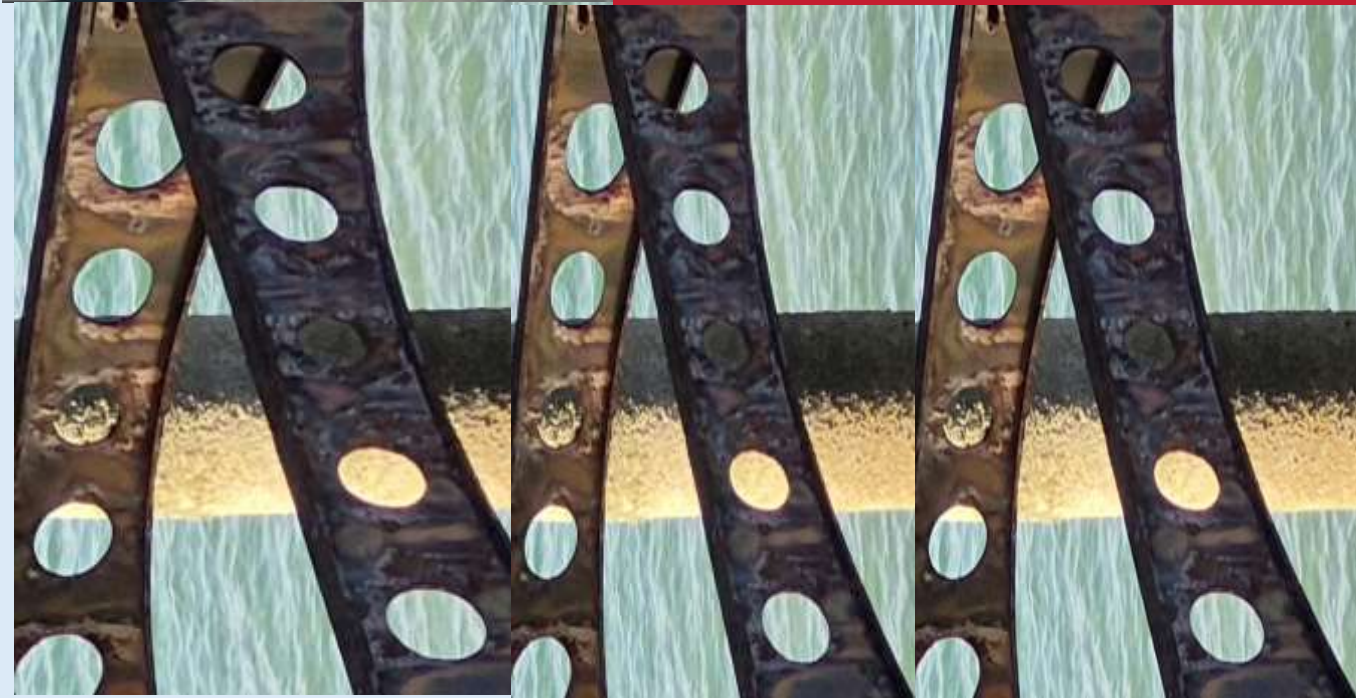




This Month's Teaser:

What do these photographs depict?

Answers on our Photography Group pages

Newsline October 2026

u3a

Southwell

Contents of Newsline October 2026

Page	Contents	Page	Contents
1	Cover (see white box below)	10-12	Member Benefits and Discounts
2	Contents	13	New Group "International Dining" and Group News: A Cappella
3-4	From the Chair	14	Group News: Astronomy
4	From the Interim Editor	15-16	Group News: Creative Writing
5	Social Opportunities : Notes for new members, Coffee Mornings this month and monthly meeting speaker	17-18	Group News: Come Dine With Us Recipe
6	National u3a diaries plus a few vacancies for " Art and Design since the 1850"	19-21	Group News: Photography
7	Future Social Trips	22-23	Previous 2026 Speakers and Future meetings
8-10	New Learning Experiences: Workshops and Courses	24	Concert Coaches
		25	Useful u3a contacts

Front Cover: Our Photography Group, imaginations as fertile as ever, have contributed these and more... but what do these photographs mean to you? Click here to go to the "[Teaser Explainer](#)" on the Photography Group pages to find out!





Those of you at our monthly meeting in September will have enjoyed the interesting talk by Nick Bailey, covering

his career in radio broadcasting from pirate radio through to Classic FM. Nick also used a number of musical snippets to illustrate his talk.

Music has that powerful ability to remind us of past events. I'm sure that Georgina and the Psychology group can explain why this is, far more eloquently and intellectually than I can, but those small pieces of music certainly took many of us, present in the hall, on a trip down memory lane. I know a number of you shared the same experience as I did when he played the theme music from "Family Favourites" – we were, suddenly, back having Sunday dinner, the roast on the table, jug of gravy in hand and listening to the radio in the background play requests for people in BFPO 19 or other, seemingly, far flung places around the world.

The same came when he played clips from old pirate radio stations – for a fleeting moment we were teenagers again, listening to music on an old transistor radio (Radio Luxembourg in my case) kept under the pillow so our parents wouldn't know.

I know we're sharing similar such experiences in the new "Vinyl and Vino" groups – people are choosing old albums they haven't played for 40-50 years and listening to those elicit memories of where it was bought, who we listened to it with etc. It is certainly a great way to stimulate thoughts and discussions about all sorts of things.

Music isn't the only thing that does that, as I was also reminded of in another group I'm a member of. For our birdwatching group, Steve has planned a trip to Old Moor reserve, which is near Wath upon Dearne. In the early 1980's I played rugby for Sheffield Oaks, and Wath was one of the teams we played, regularly. Now I can't recall whether their pitch was in the shadows of the Maggot Factory, but on certain days it certainly fell within the "Odour Zone". Steve's

email notifying us of the trip stimulated and reminded my olfactory senses of those days – he assures me the reserve is nothing like that!

Of course, not all smells stimulating memories are unpleasant. We also used to play a team near Guiseley, Leeds. Some of you might know that Guiseley was where the original Harry Ramsden's fish and chip shop was. On a freezing cold, wet, February afternoon, being stuck on the wing

where the ball never reached (because everyone kept dropping it) but, with the delicious and warming smell of fish and chips wafting across the pitch, it was both glorious and a form of mental torture at the same time!

I hope some of the activities in the groups you belong to also help to unlock those happy memories of people, places, and times gone by.

[Mike Freemantle](#) Chair

Interim Editor's Jottings and "Letters to the Editor"

Dear Reader,

Look out for two highlights this month, a [new group](#), and an [extra workshop](#)!

I am happy to accept "Letters to the Editor" whether for publication or offering improvement suggestions.

The deadline for the November edition is earlier than usual, 15th October, to assist a smooth handover to our future Editor. Please email articles and pictures via a "Reply" to your Newsline email, otherwise contact me [via our website "contacts" page](#).

Contributions are shared with our Facebook and Website teams. If you submit photographs, please ensure you have permission from any individuals featured. If you use an image taken from the internet please ensure that it is copyright-free.

[Rik Ludlow](#), Interim Editor



Calling new members... Social and Learning Opportunities

We know many people join our u3a because it gives so many opportunities to meet and get to know other interesting people. If you are a new member, this page may help you identify some of the social opportunities that membership offers. You will not be alone, as by the end of September we were just 18 members short of attaining an active membership record of 1,000. We are one of the larger u3a organisations in [Nottinghamshire](#) and we now have 87 [Interest Groups](#)

Our Monthly Meeting:

Our u3a meeting is held on the first Tuesday of each month, starting at 10.00am, at the Leisure Centre, Nottingham Rd, Southwell NG25 OLG. The **6th October meeting** will include an interesting speaker, Tony Heydon, who will talk to us about Serious Crime Investigations. More details on page 21. The meeting allows time for news and notices, and a break to allow you to meet other members informally over tea/coffee (please bring a mug or cup if you can). You can complete membership applications or renewals, collect your membership card and lanyard, ask about interest groups, pay for concert and social trips and chat to our Chair and Committee members.

Coffee Mornings:

Southwell u3a members enjoy fortnightly coffee mornings at Southwell Garden Centre, Fiskerton Road. It is an opportunity to have a chat and a coffee and get to know other Southwell u3a members. We meet from 10:30am on the 2nd and 4th Thursdays, so note the 8th and 22nd of October in your diary. It helps other members if you remember to bring and wear your u3a lanyard if you have already collected it.

Other Opportunities:

Elsewhere in Newline and on our website, you will see details of events organised by our **Social Committee** and our ever-popular **Concert Coaches**. Do look at our programme of [Workshops and Short Courses](#), winding down after a successful season, but still several interesting items left to book yourself onto. As a u3a member, you can also enjoy a small discount if you join other local u3as: you may read about opportunities in the wider movement on the [last page of this edition](#).

[Rik Ludlow \(Interim Editor\)](#)

u3a Southwell

u3a Diaries for 2027

Good News – the u3a diary for 2027 is now available. It has the same layout as previous years, with the days of the week on one side and a lined page for notes, ideas and reminders on the facing page. It is available to order **direct from the Third Age Trust** (and not, as in previous years, from Southwell u3a). Price: £9 per diary, plus £3 postage.

Diary details can be found at the [on-line u3a Brand Shop](#).



Group News: "Art and Design since the 1850's"

The "[Art and Design since the 1850's](#)" Group currently has room for a few more members. If you're interested in finding out more and joining the group, please contact [Peter Scorer via the group web page](#).



Social and Trips Committee: FUTURE SOCIAL TRIPS

Tickets for the following trips to Amazon and Doddington will be on sale at the October and November meetings. Please be ready to complete a booking form and pay. Alternatively contact the organiser of each trip to arrange ticket purchase. They can also answer any queries.

Wonder how that parcel your offspring have organised gets to you so quickly? Find out with Southwell u3a! Join a coach trip to **the East Midlands Airport Amazon Depot** at a cost of £20 per head, departing noon on Thursday 19th November returning 5pm. Bring a picnic!



Note: Amazon pushed the previously announced date back a month! This visit involves seeing robots and walking 1-2 km and up and down multiple flights of stairs.

u3a Southwell

On Wednesday 9th December we have a visit to see **Doddington Hall** decorated on a Christmas theme. We will be greeted with a hot drink, get to see the wonderful hall and grounds, visit the shops and have lunch. Cost £43 per person (fuel prices have risen)

Organiser: [Jane Parker](#).



A **Christmas Dinner** is on the menu for su3a at Floral Media Cauntton Thursday 17th December. Tickets £30, on sale at the November and December meetings. Organiser [Miriam Tate](#).

The programme for 2027 is taking shape. Keep the date 15th April free for a 2027 visit to the "Queen Elizabeth: Her life in Style" exhibition. Travel from Southwell to Buckingham Palace by coach. £55 pp including ticket to the Exhibition. We depart at 8am, with a coffee stop en-route. QE2 clothes exhibition, then tea stop en-route home. Any queries [ask Miriam Tate](#).

NEW LEARNING EXPERIENCES: Workshops and Courses

The next few pages list the remaining 2026 programme of Short Courses and Workshops, updated to late September. Please look through the programme and **click on the title** of any course or workshop that interests you. This will take you to the latest information on our website. On the webpage, **click on the title or the name of the organiser**. This will take you to a form on our website where you can submit your booking request or make further enquiries. **You can't just turn up on the day – you need to book in advance.**

Prompt booking both ensures that you will get a place if the venue has limited capacity and allows the course or workshop leader to contact you if there are any late changes. All events now have definite dates, so do check your diary and see if you can fit any more sessions in!

Brian Platts [Groups Co-ordinator and New Groups Enabler](#)

SUBJECT AND CONTACT DETAILS	BRIEF DESCRIPTION	DATE, TIME and VENUE
PROTECT YOUR DIGITAL LIFE WORKSHOP 2: Device Security – Operating systems and applications (intermediate) Book via Vice Chair on the website contacts page	The second of Steve Dickman's three workshops covers how to take control of your PCs, laptops or smartphones. Includes essential security settings for Windows, Mac and Linux computers, plus smartphones on iOS and Android. How to keep your applications updated, spot suspicious downloads and create safer computing habits WORKSHOP FULL BUT EMAIL ORGANISER FOR CANCELLATIONS OR POSSIBLE REPEAT	Monday 12th October 9:30 – 11:30 Venue: Southwell Library, Large meeting room

<u>ADULT BASIC LIFE</u> <u>SUPPORT</u> <u>Book via Vice Chair on the website contacts page</u>	Workshop provided by Newark Community First Aiders. Learn how to give emergency first aid for adults experiencing life-threatening conditions, such as cardiac arrest or choking. This is a longer course at the core of which lies CPR training and defibrillator familiarisation. This is a longer course of around 2.5 hours	Friday 13th November 1:00 – 3:30pm W.I. Hall, Southwell
<u>INTRODUCTION TO</u> <u>SMARTPHONES</u> <u>Book via Tony, on the website</u>	Back by popular demand! Two sessions for beginners to learn the basics of smart phones, presented by Lorna and <u>Tony Mellor</u>. Much of the content is also applicable to tablets.	Monday 9th and 16th November 10:00 – 12:00 Large meeting room, Southwell Library
<u>PROTECT YOUR DIGITAL LIFE</u> <u>WORKSHOP 3:</u> Network Perimeter-WiFi and Router Configuration (advanced) <u>Book via Vice Chair on the website contacts page</u>	For those ready to go further, Steve Dickman explores home network security. Learn how to configure your WiFi router safely, protect yourself from “Internet of Things” devices, use advanced ad-blockers and understand VPN endpoints, extending protection to your laptop and smartphones, even when you’re not at home! WORKSHOP FULL BUT EMAIL ORGANISER FOR CANCELLATIONS OR POSSIBLE REPEAT	Monday 16 November 9:30 – 12:30 Venue: Southwell Library, upstairs meeting room

<u>CHRISTMAS DECORATIONS WORKSHOP</u> Contact: <u>Annabel Kingsbury, via the website</u>	Annabel will be running a Christmas decorations workshop at her home in Southwell. Come along to make snowflakes and mini wire wreaths. All materials provided and no previous experience necessary! Book asap as places are limited 	Wednesday 18 November 2:00pm, at Annabel's home.
---	---	---

MEMBER BENEFITS

MEAL DEAL AT THE HEARTY GOODFELLOW

The Hearty Goodfellow in Southwell has agreed to give a 10% discount on all food (not drinks) to Southwell u3a members for lunch or dinner.

You will need to show your membership card **before you order** your meals and drinks and the discount will only apply to individual u3a members in your party.



**Extra
Member
Benefit for
2026:**

**A DAY AT THE
RACES!**

Southwell Racecourse have kindly offered a very special deal to our members:

Southwell u3a members can book day tickets (except on "feature" days) on a 2-for-the-price-of-1 basis. Just scan the QR code to take advantage of this generous offer.



The poster features the Southwell Racecourse logo at the top, which includes a stylized horse head. Below the logo, the text "2-4-1 Club Offer" is prominently displayed in large, white and orange fonts. Underneath, it says "General Admission tickets to all fixtures in 2026*" in white, with a note in orange italics: "*excluding feature days". At the bottom of the poster, there is a QR code and the text "Scan TO BOOK" and "USE CODE LOCALSPORTS26". The background is a dark green with a subtle pattern.

**2-4-1
Club Offer**

**General Admission tickets
to all fixtures in 2026***
**excluding feature days*

Scan
TO BOOK

— USE CODE —
LOCALSPORTS26

BOOK NOW southwell-racecourse.co.uk

Riviera Travel offer a 10% discount which is paid to the member's u3a group,



on many holidays: Members have to show proof of membership at time of booking. **PLEASE NOTE: DISCOUNT IS NOT TO INDIVIDUAL MEMBERS.**

DISCOUNT AT LASANI, SOUTHWELL

In the mood for a curry? **Lasani**, on Church Street in Southwell, has agreed to give Southwell u3a members a 10% discount on their bills (both



food and drink), at their 'contemporary Indian Brasserie'.

The offer excludes vouchers. You will need to show your membership card when you order your meals and drinks, and the discount will only apply to u3a members in your party. The discount is on offer throughout the week, but does not apply to takeaways, as these are already discounted.

BAG A DISCOUNT AT ROHAN!

The Rohan clothing shop in Southwell is generously offering a discount to all u3a members. Members will receive a 10% discount on all **full price** items (not sale items) – just show your membership card on request.



The logo for Crown Rolleston features a crown above the word 'CROWN' in large, white, serif capital letters, with 'ROLLESTON' in smaller, white, sans-serif capital letters below it.

A photograph of the exterior of Crown Rolleston restaurant. The building is a two-story white house with a red-tiled roof and a small garden area with a picnic table and a sign.

U3A MEMBERS
10% OFF
YOUR FOOD

Show your U3A membership card to receive 10% off your food bill.

COMBINE WITH OUR
LUNCH FOR 2 FOR £22
U3A MEMBERS PAY JUST £19.80

A small icon of a calendar.

ANY LUNCH SERVICE
WEDNESDAY TO SATURDAY

A small icon of a pot with a lid.

HOME COOKED FOOD
Made with care using quality ingredients.

A small icon of three people.

FRIENDLY STAFF
Enjoy warm hospitality in our bar, restaurant and terrace.

A photograph of a plate of food, featuring a roasted chicken drumstick, potatoes, and vegetables.

A small icon of a globe.

BOOKINGS RECOMMENDED
ON OUR WEBSITE
www.crownatrolleston.co.uk

OR

A small icon of a telephone handset.

CALL US
01636 925719

A small icon of a location pin.

Crown at Rolleston, Staythorpe Road, Rolleston, NG23 5SG

GROUP NEWS: NEW GROUP "INTERNATIONAL DINING"

We are delighted to announce the formation of a new group, **"International Dining"**. This was publicised at the last monthly meeting and its leader, David Falkner, signed up enough members to make the group more than viable.

As we go to press there is still room in the group for a few more members. You can contact David via the group's [new webpage](#).



The webpage also gives more details as they become available. The first meeting is likely to be on the 7th October, at a local venue.

GROUP NEWS: A CAPPELLA GROUP

Our first meeting of the autumn season in October will bring together an enthusiastic group of singers ready to dive into our new four-part arrangement of Simon and Garfunkel's classic "Feelin' Groovy". After the success of our first madrigal earlier in the summer, we're looking forward to enjoying the rich harmonies of this much-loved song.

We are continually expanding our repertoire, which you can browse on the A Cappella page of the website. If you'd like to join in with lively sea shanties, fun rounds, and traditional pop favourites, we would be delighted to welcome you.

A reminder that we meet on the third Wednesday of every month, from 2 pm to 4 pm, at the WI Hall, Sheppards Row, Southwell. New members are always warmly welcomed into this friendly and supportive group. Our next meeting will be on Wednesday 21 October at the usual time.

As always, if you would like to find out more about this uplifting and enjoyable style of music, please contact me using the link below.

Alyson Chaney [A Cappella](#)

ASTRONOMY GROUP

In August one of our own members gave a presentation on the moons of Jupiter, covering not only the well-known four major Galilean moons but also the inner shepherd moons and the minor moons, some of which perform retrograde orbits.

Then, in September, we moved further across the solar system and studied Saturn. We looked at its make-up, the massive storms it experiences, its history and of course those magnificent rings. To whet the appetite for a future session we also briefly spoke about its many moons.

Moving on to October, we will try to keep up-to-date by looking at the Artemis project, which recently had the well documented phase 2 of its programme. The aim will be to study all five planned stages (which include landing humans once again on the Moon) and their future aspirations to build a habitable base there.

As a general rule we meet on the fourth Thursday of every month, though in December this is moved to the 3rd Thursday in order to avoid the Christmas period. We meet from 10am to 12 noon in the downstairs back room of Southwell Library. The dates of the next few meetings are 22 October, 26 November and 17 December.

The group try to cater for beginners by not making the sessions too technical but with enough content to stimulate the more knowledgeable. After coffee the audience get the chance to ask questions, comment or offer views, which is, I think, an important part of our sessions.

Please see the webpage [Astronomy - Southwell u3a](#) where you can contact me, Richard Peacock, Group Leader.



u3a Southwell

Shopping for God

I'm searching for some purpose, more meaning to my life,
I'm more than just a mother, a grandma and a wife.
I'm puzzled by what's lacking, can't fathom what I need,
Something metaphysical? A Truth, my soul to feed?

Armed with a thirst for knowledge, a longing to fulfil,
A basket and a trolley, let's hope one fits the bill.
With countless Gods to choose from, I'll try the Christian's first,
Turning water into wine is sure to quench my thirst!

But God, within the bible, is full of sin and wrath,
Best to try another route, along my spiritual path.
Islam is controversial, and hard to understand,
Plus it would take a lifetime, to study the Quran.

The Jews live by the Torah, a stringent path to walk,
Requiring dedication, but could I give up pork?
Lord Brahma, Vishnu, Shiva, gods worshipped by Hindus,
Three Idols for the price of one, is this the faith to choose?

Ganesh is Lord of wisdom, but my predicament
Is how to praise an idol with head of elephant.
I'll leave the myths and stories, continue on my quest,
For Inner peace and quiet, I'll try some mindfulness.

Enlightenment through Buddha, be kind and meditate,
Rebirth again as insect, would that then be my fate?
Could I be a Jehovah, go knocking door to door?
No birthdays and no Christmas to me, would be a bore.

CREATIVE WRITING (Continued)

Agnostics, Wiccans, Mormons, Hades, Zeus, Apollo,
Confucius, Jesus, Allah, which one should I follow?
This shopping is relentless and filling me with dread,
Should I give it up and be an atheist instead?

It's time for me to check out, with empty bag in hand,
Dear God I pray, please help me, 'cos I don't understand.
A gentle voice then whispers, "Surrender, still your mind,
Fall into grace, I'll hold you, just place your hand in mine."

'I'm here to soothe your troubles and wipe away your tears,
To teach you of forgiveness, transforming all your fears,
See me as an inner friend, that doesn't judge or lie,
Who cares for you and loves you, in whom you can confide"

Could this be God, I wonder? He's not in church or book,
Always present, in my mind, no further need I look.
For God is Love within me, the answer to my call,
A teacher, guide and mentor, no need to shop at all.

© Rev. Kerry Corden, Sept 2nd, 2026

Please see our web page [Creative Writing – Southwell u3a](#)



Moroccan Vegetables with Couscous – serves 4-6

Couscous is a staple food throughout North Africa, which was integrated into French and European cuisine at the beginning of the 20th century. It consists of steamed granules of rolled semolina (the hardest part of the grain of durum wheat) and is usually served with some sort of vegetable

or meat stew. We've gone for a veggie version here, but carnivores can add lamb, chicken or merguez sausages, provided you cook them thoroughly in the stew – add all three and you've got a "Couscous Royale"!

Ingredients

4 small aubergines
3 tbsp olive oil
1 medium onion, finely chopped
1 tsp ground cumin
1 tsp ground coriander
½ tsp hot chilli powder
pinch of ground cinnamon
400g tin chopped tomatoes
1 red pepper, deseeded and diced
1 medium courgette, cut into 1.5cm/½in chunks
600g/14oz tin chickpeas, drained and rinsed
3 heaped tbsp roughly chopped fresh coriander, plus extra to garnish
600ml/14fl oz vegetable stock, made with ½ stock cube
1 small lemon, juice only
30g roughly chopped pistachio nuts (alternatively use toasted flaked almonds)
200g/3½oz natural yoghurt, to serve

For the couscous

1 vegetable stock cube
140g wholegrain couscous
1 small lemon, finely grated zest only
3 heaped tbsp roughly chopped fresh coriander
freshly ground black pepper



COME DINE WITH US (CDWU) (Continued)

Method

1. Preheat the oven to 200°C/180°C Fan/Gas 6.
2. Cut the aubergines in half from top to bottom and score in a criss-cross pattern through the flesh. Place on a small baking tray and sprinkle with 1 tbsp olive oil. Season with a little black pepper and bake for 30–40 minutes or until very tender and lightly browned.
3. Meanwhile, put 2 tbsp olive oil in a large non-stick frying pan and place over a medium heat. Add the onion and cook for five minutes, stirring regularly until softened and lightly browned. Add the cumin, coriander, chilli and cinnamon and cook for a few seconds, stirring constantly.
4. Pour the tomatoes into the pan. Add the pepper, courgette, chickpeas, coriander and stock. Season with a little salt and lots of ground black pepper and bring to a gentle simmer. Cook for around 20 minutes, stirring occasionally until the vegetables are tender and the sauce is thick.
5. Just before the vegetable sauce is ready, make the couscous. Dissolve the stock cube in 100ml/3½fl oz of just-boiled water in a medium bowl. Stir in the couscous, cover and rest for three minutes. Add the lemon zest, 2 tbsp of the coriander and season to taste. Toss well together, using a fork to break up any clumps.

Divide the aubergines between four/six plates. Stir the lemon juice into the sauce and season to taste. Serve a portion of couscous onto each plate and spoon the sauce over the aubergines. Sprinkle with chopped nuts and garnish with coriander and yogurt.

Enjoy!

[Link to CDWU Web Page](#)



PHOTOGRAPHY GROUP

The Photography Group has been working on an intriguing theme this month. We asked members to find specific letters of the alphabet in their everyday surroundings. Not the letter itself but the shape of the letter in an everyday object or scene. The following photos will explain this much better. To make it a little easier, the photos are arranged in alphabetical order.

We chose letters at random from a Scrabble bag and set off to find these letters around us. We had to stop and look carefully at shapes of everyday objects, such as for example a door handle and 'see' the letter J.



PHOTOGRAPHY GROUP (Continued)

We hope you really enjoy the images this month. We had a lot of fun with this one.

The Photography Group is always happy to hear from anyone interested in learning more about this amazing past-time.

Contact me if you are interested in joining our Group: [Graeme Stewardson](#)

Credits:

A: Karen

B: Lisa and Hannah

D: Richard

E: Graeme and Jim

K: Eibhlin

S: Kevin and Anita

U: Deb

V: Nick

W: Brenda

X: Barry

Y: Pat and John





Cover Page Teaser:

The front page of this Newsline edition for the Southwell u3a (su3a) is indeed exactly our name!



An S



a U

and

three As

Sorry, no prizes: This one was far too easy for there to be a prize on offer!

u3a Southwell

Our Previous 2026 Speakers



January:

The history and work of the Notts and Lincs Air Ambulance Service.
(Tony Hendon and Lynn)



February:

The History of Rockingham Castle
(Michael Burton)



March:

John Constantine spoke about the history of magic, which dates back to ancient Egyptian times.

April:

Our speaker was William Brown MBE who gave a fascinating talk on museum security. In **May**, Paul Lillie returned and gave an entertaining morning on "The Beatles".



June:

Our own John Cook stepped in and, drawing on his extensive knowledge led a presentation on Mars, comparing its early days to the barren planet it is today.

July:

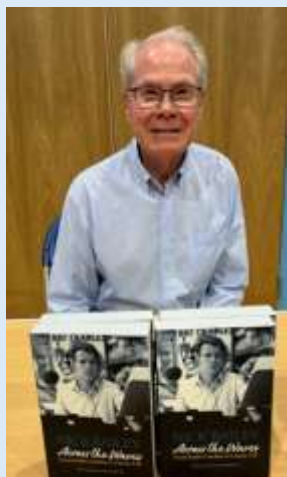
we celebrated our 20th birthday as a u3a with a review of the past 20 years and live music from our Folk and Recorder Groups.

August:

Our speaker was Martin Lloyd:



He spent 24 years in the immigration department. Martin's talk was entitled "Passports, Assassins, Traitors and Spies".



In **September**, we had an enthralling talk by Nick Bailey about Radio Caroline.

Nick was working in Australia at a radio station when he was approached by Ronan O'Rahilly the joint Irish owner of Caroline. Nick agreed to

come and become a DJ on the ship. It was anchored just over 3 miles off the Essex coast in order to avoid the UK ban on radio broadcasts. They wanted to break the BBC's radio monopoly and control over rock and pop music. He was joined by other DJs such as Tony Blackburn and Johnny Walker. Nick had gained experience in being a DJ from working for various radio stations in Australia and brought this experience to Caroline.

Radio Caroline was a great success but could only broadcast as far as the midlands so later a second radio Caroline was launched off the coast of the Isle of Man to broadcast to northern England, Scotland and Wales and reached as far as Cornwall. Nick worked on this ship also. The ships were hugely successful, and the broadcasts became so popular that the BBC was forced to change. Nick recounted the great times of fun and laughter he had on Caroline with the other DJs who all became famous in their day. Eventually Radio Caroline stopped broadcasts and Nick was recruited by the BBC to host Classic FM.

His talk was very well received by members.

Our Remaining 2026

Meeting Events:

This month, 6th October: Our talk is given by a former CID officer in the Nottingham police force recounting his memories so I hope you can all come. He replaces the original speaker who has cancelled.

3rd November: Stephen Booth is now a very successful author of detective novels set around the Derbyshire Peak District. He relates the story of how he became an author as well as how he uses stories based on his interactions with readers.

1st December: will be Christmas related and again a big surprise to you all!

Further ahead, in **January** Caitlin Rutland will talk about Women in Science. In **February** Marcus Alton will be talking about Brian Clough.

[Link to Contacts Page for John Cook](#)

[Southwell u3a Speaker Seeker](#)



I will be at the October Monthly Meeting to take bookings and payments for the next two concerts of the new season at the Royal Concert Hall as shown below. Prices for the first concert will be Band A £44, Band B £40 and Band C £36. The 29th October concert is a special event and pricing for it will be Band A £45, Band B £41 and Band C £37, it will also start at 7:00pm and so the coach will be leaving 30 minutes earlier than normal at 5:40pm from Southwell.

Any new members interested in being informed of concerts please [contact me via the Southwell u3a website](#). This contains full details of how the coach trips operate.

Roger Bennett

WEDNESDAY 14 OCTOBER, 7:30PM NDR PHILHARMONIC HANNOVER

Stanislav Kochanovsky conductor	Nikolai Lugansky	piano
Prokofiev	Classical Symphony	
Rachmaninov	Piano Concerto No. 1	
Brahms	Symphony No. 2	

THURSDAY 29 OCTOBER, 7PM (*NOTE Early Start*) SINFONIA OF LONDON (Special Event Pricing)

John Wilson	conductor	Benjamin Grosvenor	piano
Bacewicz	Concerto for String Orchestra		
Rachmaninov	Piano Concerto No. 2		
Rimsky-Korsakov	Scheherazade		

Southwell u3a contacts and other u3a websites:

Southwell u3a:



Southwell u3a website is <https://southwell.u3asite.uk>

Southwell u3a Facebook page: <https://www.facebook.com/southwellu3a>

To contact our officers, Committee members and other postholders:

Contact – Southwell u3a

For information about our Interest Groups and to contact our Group Leaders:

Groups – Southwell u3a Names and contact details are also available at our monthly meetings.

The Global and UK u3a:

As a member of Southwell u3a you may be surprised to find that there are 33 other u3as within Nottinghamshire, over a thousand groups across the UK, and very many more across the world. [This article](#) gives a useful overview.

The National website is <https://www.u3a.org.uk> This is worth visiting, as the National u3a organises many (mainly virtual) events and workshops:

www.u3a.org.uk/events

Nottinghamshire and Regional u3as:

The 34 individual u3a organisations in our county are all federated into the Nottinghamshire Network, which has its own website and [magazine](#):

Nottinghamshire Network of u3as – Learn, Laugh, Live! In turn, the Nottinghamshire Network is a part of the wider East Midlands u3a, and this also has its own website: <https://eastmidlandsregion.u3asite.uk/>